

# Athletics Canterbury

## Track & Field

**17 February 2018**  
**Rawhiti Domain**

### Hurdle & Field Event Entry Procedures:

To assist & ensure the smooth running of all field events, can you please pre-enter by adding your name to the field event sheets at the control room, when you pay your competition fee.

**Health & Safety Reminder:** Please be aware that NO one is permitted to cross the centre of Rawhiti Domain when field events are in process. Please follow the instructions given by all officials, especially if you are competing in a throwing event. While every effort will be made by our officials to keep you safe, ultimately you are responsible for your own health and safety.

Programme 1	Track:	Field:
1:45 p.m.		Shot Put (F only, <b>CMA Champs</b> ) High Jump
2:00 p.m.		Discus (M only, <b>CMA Champs</b> )
2:10 p.m.	60m ( <b>CMA Champs</b> , F, M)	
2:20 p.m.	100m (F, M)	
2:25 p.m.		Triple Jump (F, <b>CMA Champs</b> )
2:35 p.m.	800m <b>CMA Champs</b>	
2:40 p.m.	800m	
2:50 p.m.	3000m / 5000m including Walk	Discus (F only, 3 throws) Shot Put (M only, 3 throws)
3:20 p.m.		Long Jump (M only)
3:25 p.m.	Sprint Hurdles <i>(Entries at the TIC Room by 2.40 p.m.)</i>	Hammer Throw (M, <b>CMA Champs</b> )
3.30 p.m.	<i>Shoe Clinic / Asics Athlete of the Week Awards</i>	
3:45 p.m.	200m ( <b>CMA Champs</b> , F, M)	
3:50 p.m.		Javelin (F, <b>CMA Champs M</b> )
4:05 p.m.	1500m	Weight Throw <b>CMA Champs W</b>
4.25 p.m.	Long Hurdles <i>(Entries at the TIC Room by 3.55 p.m.)</i>	*Long Jump (F only, 3 jumps)
4.35 p.m.	300m (M, F)	
4:40 p.m.	400m (F, M)	* Note: Long Jump for F will start ASAP after the Long Jump for M has finished.
4.45 p.m.	Relays	

Competition Fees:	Scheduled event start times are subject to variation depending on numbers reporting to the events. No event start times will be advanced.		
Seniors & Masters U-65 Athletes	Under Age & Masters 65+ Athletes	Non-Registered Secondary School Athletes	Non-Registered Senior Athletes
<b>\$8.00</b>	<b>\$5.00</b>	<b>\$5.00</b>	<b>\$20.00</b>

Manager	Track Referee	Field Referee	Field Referee	Duty Club(s)
Don Mackenzie Andrew Stark (CMA)	Geoff Annear	Paul Naylor	Graham Davies	COBU / NCAN

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