Canterbury Masters Athletics Championship Programme (Draft)

Name:

Please TICK in boxes beside the events you intend to enter. Cost \$10.00.

		Rawhiti Domain - Satu	day 30th January 2016	Official use:
	Day 1	Track:	Field:	
	1:45 p.m.		Discus (M only)	
	2:00 p.m.	60m (CMA, M, F)	Shot Put (F only) Shot Put CMA Championships High Jump	Tick
Tick	2.10 p.m.	100m CMA Championsl 100m (M, F, CMA)	ips	
	2:30 p.m.	800m	Triple Jump (M)	
	2.45 p.m.	3000m / 5000m	Discus (F only, 3 throws) Shot Put (M only, 3 throws)	
	3:05 p.m.	Sprint Hurdles (Entries at the TIC Room by 2		
	3:15 p.m.	200m (F, CMA, M)	Hammer Throw (M) Hammer Throw CMA Cham	pionships Tick
	3.25 p.m.	Shoe Clinic / Asics Athlete of the Week Awards		
Tick	3:35 p.m.	1500m CMA Champions	ips Long Jump (F only) Long Jump CMA Championsh	ips Tick
	3.50 p.m.	1500m		
Tick	4.00 p.m.	2000m Track Walk inc CMA Championships	Javelin (F) Javelin CMA Championships	Tick
Tick	4.25 p.m. 1	Long Hurdles (Entries at the TIC Room by 3.55 p.m.) Long Jump (M only, 3 jumps)		<u> </u>
	4.35 p.m.	300m / 400m CMA Championships		
	4:40 p.m.	400m (F, M)		
	4.45 p.m.	Relays		
		Rawhiti Domain - Sat	rday 6th January 2016	
	Day 2	Track:	Field:	
	1:45 p.m.		Discus (F only) Discus CMA Championship	Tick
Tick	2:00 p.m.	60m CMA Championsh 60m (CMA, F, M)	Shot Put (M only)	
	2.10 p.m.	100m (F, M, CMA)	High Jump	
	2:30 p.m.	2000m / 3000m Track \	, ,	
	2.45 p.m.	Sprint Hurdles (Entries at the TIC Room by 2	Discus (M only, 3 throws) Shot Put (F only, 3 throws)	
	3:05 p.m.	Canterbury 3000m Championships: MU-1		ships Tick
	3:15 p.m.	300m / 400m (CMA, M		
Tick	3.25 p.m.		of the Week Awards start next week	
	3:35 p.m.	800m CMA Champions	• • • • • • • • • • • • • • • • • • • •	Tick
	3:40 p.m.	800m	High Jump CMA Champion	inips
	3.50 p.m.	Canterbury 3000m Championships: SM, N	U-20 Javelin (M)	
Tiel	4.05 p.m.	Long Hurdles (Entries at the TIC Room by 3		onships Tick
Tick	4.25 p.m.	200m CMA Champions 200m (F, CMA, M)	Long Jump (F only, 3 jumps)	
Tick	4.40 p.m.	Canterbury 3000m Championships: CMA, SW, W-20, W-18		
	4.40 μ.π.	Championships: CMA,	SW, W-20, W-18	
	5:00 p.m.	Championships: CMA, Relays	SW, W-20, W-18	