

Athletics Canterbury 2013- 2014 Season Programmes

This year we using two Inter-club programmes which rotate throughout the season for meetings being held at Rawhiti Domain, with pole vault being held at the Papanui Toc H grounds on Saturday morning.

If a meeting at Rawhiti Domain is cancelled due to bad weather, no changes will be made to the schedule order of programmes as per the Summer Programme Booklet & website.

Event start times will be adjusted on selected inter-club meetings which start later than 1:30 p.m.

Steeplechase and pole vault will be included in a modified programme when a meeting is held in Timaru.

If you have comments or suggestions about the programme please contact ...

Andrew Stark (338 0516).

Programme 1		
	Track:	Field:
1.30 p.m.		Hammer Throw (F) Long Jump (M) CMA Throws Event (TBA)
2:00 p.m.	60m (CMA, M)	
2.15 p.m.	100m (F, CMA, M)	Shot Put (F) Discus (M) CMA Throws Event (TBA)
2.40 p.m.	2000m / 3000m Track Walk	
3.00 p.m.	800m	
3:05 p.m.		Shot Put (M) Discus (F)
3.10 p.m.	The Shoe Clinic Asics Athlete of the Week Awards	
3.20 p.m.	Sprint Hurdles	
3:30 p.m.	200m (CMA, M, F)	
3.45 p.m.	1500m	Triple Jump (F) High Jump (M) Javelin (F)
3.55 p.m.	3000m / 5000m	
4.25 p.m.	Long Hurdles - 300m / 400m	
4.30 p.m.	300m (CMA) / 400m (F,M)	
4.40 p.m.	Relays	
Programme 2		
	Track:	Field:
1.30 p.m.		Hammer Throw (M) Long Jump (F) CMA Throws Event (TBA)
2:00 p.m.	60m (CMA, F)	
2.15 p.m.	100m (M, CMA, F)	Shot Put (M) Discus (F) CMA Throws Event (TBA)
2.40 p.m.	2000m / 3000m Track Walk	
3.00 p.m.	800m	
3:05 p.m.		Shot Put (F) Discus (M)
3.10 p.m.	The Shoe Clinic Asics Athlete of the Week Awards	
3.20 p.m.	Long Hurdles - 300m / 400m	
3:30 p.m.	200m (CMA, F, M)	
3.45 p.m.	1500m	Triple Jump (M) High Jump (F) Javelin (M)
3.55 p.m.	3000m / 5000m	
4.20 p.m.	Sprint Hurdles	
4.30 p.m.	300m (CMA) / 400m (M,F)	
4:40 p.m.	Relays	