

Athletics Canterbury

Track & Field

10 February 2018
Rawhiti Domain

Hurdle & Field Event Entry Procedures:

To assist & ensure the smooth running of all field events, can you please pre-enter by adding your name to the field event sheets at the control room, when you pay your competition fee.

Health & Safety Reminder: Please be aware that NO one is permitted to cross the centre of Rawhiti Domain when field events are in process. Please follow the instructions given by all officials, especially if you are competing in a throwing event. While every effort will be made by our officials to keep you safe, ultimately you are responsible for your own health and safety.

| Programme 2 | Track: | Field: |
|-------------|---|---|
| 1:45 p.m. | | Discus (F only, CMA Champs) High Jump |
| 2:00 p.m. | | Shot Put (M only, CMA Champs) |
| 2:10 p.m. | 60m (M, F) | |
| 2:20 p.m. | 100m (CMA Champs , M, F) | |
| 2:25 p.m. | | Triple Jump (M) |
| 2:40 p.m. | 1500m CMA Champs | High Jump CMA Champs |
| 2:50 p.m. | 1500m | |
| 3:00 p.m. | 3000m / 5000m incl 3k Walk | Discus (M only, 3 throws) Shot Put (F only, 3 throws) |
| 3:20 p.m. | | Long Jump (F only) |
| 3:30 p.m. | Sprint Hurdles <i>(Entries at the TIC Room by 2.40 p.m.)</i> | Hammer Throw (F, CMA Champs) |
| 3:35 p.m. | <i>Shoe Clinic / Asics Athlete of the Week Awards</i> | |
| 3:40 p.m. | 300m (CMA Champs , F, M) | |
| 3:55 p.m. | | Javelin (M, CMA Champs F) |
| 4:00 p.m. | 400m (CMA Champs , M, F) | Weight Throw CMA Champs M |
| 4:10 p.m. | 800m | |
| 4.25 p.m. | Long Hurdles <i>(Entries at the TIC Room by 3.55 p.m.)</i> | *Long Jump (M only, CMA Champs) |
| 4.35 p.m. | 200m (M, F) | * Note: Long Jump for M will start ASAP after the Long Jump for F has finished. |
| 4.45 p.m. | Relays | |

| Competition Fees: | Scheduled event start times are subject to variation depending on numbers reporting to the events. No event start times will be advanced. | | |
|---------------------------------|---|--|--------------------------------|
| Seniors & Masters U-65 Athletes | Under Age & Masters 65+ Athletes | Non-Registered Secondary School Athletes | Non-Registered Senior Athletes |
| \$8.00 | \$5.00 | \$10.00 | \$20.00 |

| Manager | Track Referee | Field Referee | Field Referee | Duty Club(s) |
|----------------------------------|---------------|----------------|---------------|--------------|
| Ruth Liong Andrew Stark (CMA) | Avril Davies | Trevor Spittle | Rod Syme | CHAV / PHOX |

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