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Cant-A-Long

April 2018

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A note from the editor ... Andrew Stark

The annual issue of Cant-A-Long has been created as a historic record of what has happened during the track & field season.

As two copies of this publication are sent to the Legal Deposit Office Serials, we have a permanent record of what our members have done during the past season, so for that reason it is still worth continuing with this publication.

At a request from one of our younger members, in the next issue or as an article on our website, I would like to profile some of our 'older' members. We see you compete, but have no idea about who you really are and what you did as a young person ... so if you are asked about your 'story', or would like one done, please let me know.

Andrew Stark (Cant-A-Long Editor)



Advertising in Cant-A-Long

If you have a business and would like to advertise in Cant-A-Long, contact Andrew Stark.

Not only is Cant-A-Long mailed out to CMA members, but is it also posted on both the Athletics Canterbury and New Zealand Masters Athletics websites.

Rates:

¼ page \$20.00 per issue or \$70.00 per year
½ page \$30.00 per issue or \$100.00 per year

Canterbury Masters Athletics Inc Life Members:

Iris Bishop

Ian Brownie

Merle Grayburn

Gwyn Heseltine

William Hobbs

Patricia Leech

Glen Watts



Most action photos in this issue have been taken either by Malcolm Taylor (SI Championships) or Sharon Wary (NZMA Championships).

Notice of CMA AGM - Wednesday 22 August 2018 @ 7:30 p.m.

Notice is hereby given that the Annual General Meeting of Canterbury Masters Athletics Incorporated is to be held at the Port Hills Athletic Clubrooms, Hansen Park, Hawford Road

Any Remits or Notices of Motion are to be in the hands of

The Secretary
Canterbury Masters Athletics Inc
c/- 93 Bibiana Street
Aidenfield
Christchurch 8025

by Wednesday 8 August 2017.

Nominations for the following positions are also called for:

Elected Positions:

President
Vice President
Secretary
Treasurer
Committee members (6)

Other Elected Positions:

Patron
Honorary Auditor
Honorary Solicitor

Selected from the within-coming Committee members are the delegates for ...

Athletics Canterbury Track and Field Committee

Anne Davison
(Secretary)

Agenda of CMA AGM

**Canterbury Masters Athletics Inc
ANNUAL GENERAL MEETING
PORT HILLS ATHLETIC CLUBROOMS
Wednesday 22 August 2018 @ 7.30 p.m.**

- Quorum Check (15 Financial Members)
- Apologies
- Approval of Minutes of Annual General Meeting held 16 August 2017
- Consideration and Approval of Annual Report
- Consideration and Approval of Annual Financial Statements
- Consideration and Approval of Annual Subscription for 2018 / 2019 season
- Election of Officers for 2018 / 2019
 - President
 - Vice President
 - Secretary
 - Treasurer
 - Committee (not to exceed six)
- Election of other Elected Positions
 - Patron
 - Honorary Auditor
 - Honorary Solicitor
- Nomination(s) for Life Membership
- Remits
- General Business

Introduction:

Another year has past and we are still without a new track & field venue. It is not due to a lack of effort on the part of those involved. However, a wetter than expected winter during 2017 meant that over 12 weeks were lost due to the land being too wet for the heavy machinery. Accordingly, the expected completion date has been changed several times. As I prepare this report in mid March, the weather has been causing further issues as it has been raining and cold. If these conditions continue and the air temperature remain low, the final layer of the track surface will not be able to occur until later in the year.

Overall, it has still been a relatively quiet year, with fewer attendees at both the CMA organised and the Athletics Canterbury Saturday interclub meetings.

This season we had three events of significance.

South Island Track & Field Championships:

For the third year in a row CMA hosted the event in Timaru, incorporated within a busy Athletics Canterbury weekend involving their Combined Event Championships, but this time the Canterbury Childrens section stayed away. This meant that we had more time on Saturday to get through our events. It was a successfully organised meeting, made possible with the help of Canterbury, local and master's officials from other South Island regions.

CMA successfully applied to the New Zealand Community Trust and used their grant to pay for the Aorangi Stadium track hire and Athletics Canterbury official's accommodation, which also allowed us to make a profit.

There were 53 competitors with several ANZ club athletes competing for the first time, which is slightly down on previous years. On the Saturday afternoon we held a BYO BBQ, where those attending paid \$5.00. Beverley Church and Alison Wright organised the event and they did a brilliant job.

Eight CMA members broke twenty South Island Championships records, several of which were also CMA records. I also understand that Loris Reed broke the world record for the 2000m SC in a time of 9:43.19. The full list is on the back two pages of this issue of Cant-A-Long.

At the South Island AGM, no Centre volunteered to host next season's event. However, Southland Masters agreed to investigate the possibility of hosting the event in Invercargill. I can now confirm it will be there, during the weekend of November 16th to 18th 2018.

Oceania Track & Field Championships:

For the first since 2012. this event was held in New Zealand. The event was held in Dunedin, a joint effort involved Athletics Otago and Otago Masters Athletics.

The challenge for masters athletics is that it is often difficult to recruit and then retain members from year to year. New Zealand Masters Athletics has addressed this issue in 2016 by creating a MoU between Athletics New Zealand and New Zealand Masters Athletics. By now allowing competitive registered masters athletes within both groups to compete we have seen an increase in participation numbers. 187 of the 224 New Zealanders attending this event belong to an Athletics New Zealand Club and have not directly joined NZMA. Sixty-three of these athletes have never joined NZMA before and without the MoU, they would not have been able to compete in this event.

Several CMA members broke Oceania Championship records, plus one NZMA record. The full list is on the back two pages of this issue of Cant-A-Long.

NZMA Track & Field Championships:

For the first time this event was held in Whangarei. The weather was not great during the weekend, but at least it was not cold. The challenge for Northland would be if athletes would travel to a second major event, having just had an event in Dunedin.

There were in fact 225 entries, which was more than they expected. Both NZMA and Athletics NZ promoted the event to their respective members, which undoubtedly help boost numbers. Once again there were numerous ANZ club athletes attending for the first time.

When you combine the attendees who went to the Oceania & NZMA Championships (447), subtract those who attended to both (77), there were 372 individual masters that attend these two events. With only one major event, it is possible we could get over 300 to the next NZMA Championships ... being held here in Canterbury.

Canterbury was represented by twenty-two athletes who competed on average in 4 events each. Well done to one of our athletes who broke a NZMA National / Championship record; Louise Martin (W50 80m Hurdles, 13.55). Well done also to Iris Bishop who continued her unbroken run of competing at all 44 NZMA Championship events.

NZMA Track & Field Championships 2019

Due to the on-going delays and issues associated with the building of Nga Puna Wai, it has been decided to take this event to Timaru next season. It will be a challenging season ahead as Athletics Canterbury endeavours to get the new venue up and running, in

readiness to host the Athletics NZ Championships in early March. The number of CMA members who have experience organising this event is now limited. By using the South Canterbury Sub-Centre, we can use the expertise of this committee who have successfully hosted the Colgate Games in January 2017.

NZMA Board Up-date:

At the NZMA AGM, I was re-elected for a fourth year as President. This is a role I take very seriously and the Board have worked hard to improve how NZMA operates. The aim is for the Board to take a more active role in assisting Centres, particularly in the year that they host one of our three major championships. The new look NZMA website has more to offer Centres / members and work will continue to improve this.

The NZMA Constitution and By-Laws documents have been reviewed and updated accordingly and accepted. Our next challenge is to work toward creating clear job descriptions as part of succession planning. Once this has been achieved, it might be time for me to step down.

Athletics Canterbury & Nga Puna Wai Sports Hub:

This season I continued as the Chairman of the Track & Field Committee and as President of Athletics Canterbury. I have also continued my role on the Nga Puna Wai Project Steering Group committee, meeting with CCC up to three times a month, plus I will be a founding member of the Nga Puna Wai Establishment Trust. Plenty to do and often very time consuming, but it is important that we have voice to ensure our needs are met. However, I am looking forward to the day when I can relax a bit more, once the project is completed.

Stage 1 of the Nga Puna Wai Sports Hub will see us with a new track, control room, grandstand, equipment shed and a second grass track area with all-weather runups and throwing circles. The High Performance group based at the Apollo Centre are hoping to make Nga Puna Wai their venue of choice too, so it is possible that you can go down there and see Tom Walsh training.

Athletics Canterbury's contribution to the project has always been directed towards supplying equipment and making it available to schools. However, last year CCC requested that they direct some of their funds into the 'build', i.e. the outer throwing zone (No. 2 track area) and / or the Control Room. However, due to difficulty Athletics Canterbury has had acquiring funding, CCC have now agreed the Athletics Canterbury's contribution will be equipment only.

As yet, the funds the 4thWVGT have committed has not been drawn upon, but that day is going soon.

Athletics Canterbury are always looking for new officials. Several CMA members already help out at interclub. It is a good way to give something back to the sport, so why not consider becoming involved. Have a talk to Anne Davison or Lois Anderson if you would like to know more.

CMA 2017 / 2018 Membership Details:

The previous membership figures are as follows: 160 (2010), 131 (2011), 110 (2012), 97 (2013), 82 (2014), 70 (2014/2015), 90 (2015/2016), 32 (2016/2017). With the introduction of the MoU, we no longer require ANZ club athletes to pay a CMA registration fee. The group that has joined CMA are essentially 'track & field' only or social members, of which we have 20 this year.

The success of the MoU relies on all of us encouraging ANZ masters to attend our events and working together as one group. Please do that.

CMA Track & Field Meetings:

Athletics Canterbury continues to allow our non-club registered CMA members to compete during Saturday Interclub competitions. In field events, all ages competed as one group, young and old together. The same occurred in the longer track races, but for the sprints events we ran our own races or members selected a race that better suited their needs.

At last year's CMA AGM we decided that the three Wednesday CMA meetings held throughout the season were poorly attended and that we will no longer hold them. As we are an aging population, I don't see these meetings being held again in the future.

CMA 2017 - 2018 Championship Review:

During three separate Saturday interclub programmes throughout the season, we held the steeplechase (Timaru), 5000m & 10000m CMA Championship events (Rawhiti Domain).

The major CMA Championship events were held over two Saturdays in February (10th and 17th) at Rawhiti Domain. It is an easy way of conducting our championships, as we are able to take advantage of the Athletics Canterbury officials who are already there running the interclub events.

Following the second meeting, we held a track side BBQ and invited the Athletics Canterbury officials to join us, in appreciation for support. Thank you to Ann and John Henderson for organising and cooking the food.

The CMA Throws Pentathlon Championship event was held on Sunday 18th March at Rawhiti Domain. Seven members attended, the youngest being 68.

Full results of all season's events are contained within Cant-A-Long.

Pete Watts Memorial - Halswell Quarry:

At the request of the Cross-country and Road Committee of Athletics Canterbury, this event was held on Saturday 24th March at 9:00 a.m. We had 18 teams of four compete in cool conditions, with the majority of the teams made up of Port Hills club members. Thank you to Glen Watts who organised her club teams and to the helpers who marked out the course.

CMA Records:

A full list of records for the 2017 / 2018 season is in this issue. Please check the records to see if any have been missed.

Finances:

At the time of writing this report, the annual accounts have not been completed.

With acquiring the NZMA grant to cover the SI Championship expenses and no other major expenses throughout the season, therefore I am expecting CMA to make a small profit.

Annual NZMA Awards Dinner:

The Awards dinner was held on the Saturday night during the NZMA Championships in Nelson. Two Canterbury members were recognised for their sporting achievements in 2017 calendar year.

Louise Martin was the NZMA female ‘Hurdler’ Athlete of the year, for the second year in a row.

Lois Anderson was the NZMA female ‘Jumper’ Athlete of the year.

Glen Watts was the NZMA female ‘Thrower’ Athlete of the year. Well done to you all.

CMA Committee:

Thank you to Anne Davison (secretary) and Anna McNab (treasurer), plus Beverley Church, Nick Bolton and Jonny Baird, your committee. Last year Anna produced 'easy to read' accounts, which I expect again this year. Jonny has been looking after the CMA records this season and collated the lists of CMA member's seasonal performances to appear in Cant-A-Long. This certainly made my job easier.

It is a good blend of people and I am looking forward to working with them again next season, assuming they are available. I welcome anyone else who would like to be involved, so please come forward. Our challenge is to promote what we have to offer so we can attract more members. One hopes that once Nga Puna Wai is compete, more athletes will return to the sport and 'have a go'.

This season we lost three long standing members, Dave Leech (CMA Life Member), Barbara Bird and John Waite. I apologise if I have left anyone out from this list.

Finally, I wish you all the best for the season ahead, especially those who are training for the World Track & Field Championships that will occur in Malaga (Spain), September 2018.

NZMA 2017 Athlete of the Year Winners



NZMA Female Hurdler of the Year:

Louise Martin, seen here competing at the NZMA Championships in Whangarei was the female hurdle of year for the second year in a row.



NZMA Female Jumper of the Year:

Lois Anderson, seen here competing at the NZMA Championships in Whangarei (2018).



NZMA Female Thrower of the Year:

Glen Watts, seen here competing at the NZMA Championships in Whangarei (2018). (Sorry Glen, not your best side.)

Canterbury Masters Athletics Annual Awards 2017 - 2018 Season



McIntosh Trophy

Women's Sprint Award
Best 3 sprint performances
at the CMA Championships
based on Age Percentage
Performances

Lois Anderson

Performances:
60m (11.54) 84.84%
100m (18.47) 68.06%
200m (40.53) 77.52%



Kernahan Trophy

M55 1500m

Peter Richards
(5:20.77)

Malcolm Fraser - Bruce McPhail Trophy

M40 400m

No award

Maurice Cook & Max Wood Trophy

Men's Sprint Award
Best 3 sprint performances
at the CMA Championships
based on Age Percentage
Performances

Jonny Baird

Performances:
60m (8.24) 85.19%
100m (13.18) 81.11%
200m (27.33) 79.69%



Philip Ross May Memorial Trophy

M45 800m - **Paul Spinks** (2:07.89)

A.H.C. Jubilee Trophy

Women's 1500m

Maggie Chorley (5:17.69)



Kernahan Trophy

M55 800m

Clive Kitchingman
(2:47.57)



Walker of the Year Award

Shirley Rolston



**Norman & Mary
Hawke Trophy**

M65+ Hammer
Best Performance using
Age Percentages

Brian Senior

34.08m (76.16%)

Grayburn Trophy

Men's Throws Pentathlon

Brian Senior (3638 pts)



**Clarrie Gordon
Trophy**

M70+ 10000m
(CMA Championships)

John Mulvaney
(65:11.59)



**Canterbury
Veteran's Trophy**

Women's Track Pentathlon

Lois Anderson (2764 pts)



Arthur & Merle Grayburn Trophy

Men's Track Pentathlon

Jonny Baird (1923 pts)



Congratulations to the
2017 - 2018
season winners

**Rona Smith Throws
Pentathlon Trophy**

Glen Watts (3661 pts)

*Best female at Jack
King Memorial Throws
event (December)*



Women's Throws Pentathlon Trophy

Justine Whitaker (3741 pts)



CMA Member's 2017 - 2018 Results

Oceania Throws Pentathlon Challenge @ Rawhiti Domain: Sunday 18/09/2016

This event is organised annually by NZMA and athletes from all Oceania are invited to participate.

This year there were 38 women and 26 men, slightly fewer than last year.

W65 Beverley Church					
HT	SP	DT	J	WT	Total
22.72	6.46	17.08	13.82	6.60	2535

W70 Lois Anderson					
HT	SP	DT	J	WT	Total
16.78	6.62	15.02	14.09	7.53	2722

W70 Loris Reed					
HT	SP	DT	J	WT	Total
17.29	5.81	17.90	12.97	7.43	2705

W75 Glen Watts					
HT	SP	DT	J	WT	Total
25.76	7.40	18.93	11.79	10.19	3507

W75 Justine Whitaker					
HT	SP	DT	J	WT	Total
25.97	7.10	15.54	13.44	9.18	3323

W80 Patricia Drayton					
HT	SP	DT	J	WT	Total
13.61	4.74	9.60	5.74	6.06	2013

W80 Iris Bishop					
HT	SP	DT	J	WT	Total
12.21	4.63	8.60	6.20	5.11	1821

M75 Alan Hunter					
HT	SP	DT	J	WT	Total
19.61	5.79	16.24	9.77	8.50	1946

AC Opening Day - Rawhiti Domain 14/10/2017

For the fifth season, we are masters from both CMA and Athletic NZ competed within an Athletics Canterbury senior interclub. As has been the trend, there are fewer athletes within all age groups competing, except for the Under 18 athletes.

60m (wind 0.6)

W55	Lynette Osmer	10.28
M80	Max Wood	11.53
M45	Jonny Baird	8.22

100m (wind 0.4)

M45	Jonny Baird	13.27
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400m

M50	Malcolm Cornelius	66.42
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800m

M50	Ian Dieudonne	NT
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1500m

M55	Peter Richards	5:42.31
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3000m

M50	Malcolm Cornelius	10:34.07
M55	Anthony Rogal	11:00.49
M55	Peter Richards	11:59.44
M55	Clive Kitchingman	12:01.82
M50	Ian Dieudonne	13:05.40
M65	Martin Cockrem	15:43.68

Shot Put

W80	Iris Bishop	4.63m
W55	Lynette Osmer	9.93m
W65	Beverley Church	6.25m
W70	Alison Wright	5.06m

Discus

W80	Iris Bishop	8.55m
W65	Beverley Church	16.01m
W70	Alison Wright	12.78m
M65	Richard Davison	30.38m

Hammer Throw

W65	Beverley Church	17.06m
W70	Alison Wright	15.61m
W80	Iris Bishop	14.42m
M65	Richard Davison	33.25m

Interclub - Rawhiti Domain 21/10/2017

60m (wind 0.7 & 2.1)

W30	Helena Dinnissen	8.65
M45	Jonny Baird	8.25

100m (wind NW & 0.2)

W30	Helena Dinnissen	13.96
M45	Jonny Baird	13.31

200m (wind 1.0, -0.7 & 0.2)

W30	Helena Dinnissen	29.72
M45	Jonny Baird	28.19
M50	Ian Dieudonne	30.16

800m

M55	Anthony Rogal	2:25.70
M50	Ian Dieudonne	3:42.14

1500m

M55	Peter Richards	5:26.44
M55	Clive Kitchingman	5:43.30

3000m

M55	Peter Richards	11:40.37
M55	Clive Kitchingman	11:46.80

Pole Vault		
M55	Stephen McKee	2.72m
Shot Put		
W75	Justine Whitaker	7.18m
W80	Pat Drayton	5.10m
Interclub - Rawhiti Domain 4/11/2017		
60m (wind 0.6)		
W50	Louise Martin	NT
M45	Jonny Baird	8.02
M45	Nick Bolton	8.09
100m		
M45	Jonny Baird	13.15
M45	Nick Bolton	13.45
M50	Ian Dieudonne	14.43
W50	Louise Martin	14.17
200m		
W30	Helena Dinnissen	28.85
M45	Jonny Baird	27.34
300m		
W30	Helena Dinnissen	46.52
400m		
M50	Ian Purvis	67.53
1500m		
M65	Mark Cargin	5:15.54
M50	Ian Dieudonne	5:35.40
Shot Put		
W80	Iris Bishop	4.57m
W75	Justine Whitaker	7.05m
W65	Beverley Church	6.16m
Discus		
W80	Iris Bishop	9.28m
W75	Justine Whitaker	16.64m
W65	Beverley Church	15.51m
Hammer Throw		
W65	Beverley Church	20.39m
W75	Justine Whitaker	22.19m
W80	Iris Bishop	12.68m
Javelin		
W65	Beverley Church	14.52m
W75	Justine Whitaker	12.77m
M45	Jonny Baird	31.28m
Long Jump		
M45	Jonny Baird	4.59m

**South Island Masters Track & Field Championships
@ Aorangi Stadium, Timaru:
Friday 10/11/2017 - Sunday 12/11/2017**

For the fifth time in seven years, this event has been held in Timaru. For the past three, it has been run as a combined event involving the Athletics Canterbury Combined Event Championships and their senior interclub. This year the Canterbury Children's section stayed away, making for a less congested programme on the Saturday.

There were slightly fewer attendees this time, but I suspect many were saving themselves for the Oceania Masters Track & Field Championships being held in Dunedin during January. On behalf of CMA, thank you to several officials from outside of our region that always attend this event and help to make it run smoothly.

60m (wind 0.0, 0.5 & 0.8)		
W30	Helena Dinnissen	8.63
W50	Louise Martin	8.75
M45	Nick Bolton	7.99
M45	Jonny Baird	8.06
M45	Tim Kerr	8.74
M80	Max Wood	11.44
M80	Alan Hunter	15.79
100m (wind 0.8 & -1.4)		
W30	Helena Dinnissen	13.62
W50	Louise Martin	14.00
W70	Lois Anderson	18.77
M45	Jonny Baird	12.88
M45	Nick Bolton	13.23
M45	Tim Kerr	14.51
200m (wind 2.3 & 2.0)		
W30	Helena Dinnissen	27.97
W50	Louise Martin	28.58
M45	Nick Bolton	25.54
M45	Jonny Baird	26.94
M45	Tim Kerr	29.84
400m		
W30	Helena Dinnissen	66.47
W70	Loris Reed	1:25.52
M45	Nick Bolton	60.24
M50	Ian Purvis	68.41
800m		
W50	Maggie Chorley	2:33.60
W70	Loris Reed	3:09.70
W75	Lois Anderson	4:06.40
M40	Michael Wrigley	2:17.90
M50	Malcolm Cornelius	2:18.10

1500m		
W50	Maggie Chorley	5:11.0h
W60	Bernadette Jago	6:16.7h
W70	Loris Reed	6:28.3h
M50	Malcolm Cornelius	4:44.7h
M55	Clive Kitchingman	5:29.3h
M60	Thomas Reihana	8:01.7h
3000m		
W60	Bernadette Jago	12:42.37
W70	Loris Reed	13:41.60
M50	Malcolm Cornelius	10:25.08
M55	Clive Kitchingman	11:39.00
M60	Thomas Reihana	17:24.77
M70	Jos Galavazi	17:25.41
5000m		
W50	Maggie Chorley	19:06.38
W60	Bernadette Jago	21:14.19
M35	Damien Cook	17:02.59
M55	Clive Kitchingman	20:16.45
M70	Jos Galavazi	29:25.99
80m Hurdles		
W50	Louise Martin	14.09
300m Hurdles		
W30	Helena Dinnissen	50.42
2000m SC		
W70	Loris Reed	9:43.19
M70	Jos Galavazi	12:58.90
High Jump		
W70	Lois Anderson	1.05m
M45	Tim Kerr	1.44m
M80	Alan Hunter	0.65m
Long Jump		
W70	Lois Anderson	2.94m
M45	Jonny Baird	4.82m
M80	Alan Hunter	1.83m
Triple Jump		
W70	Lois Anderson	6.07m
Shot Put		
W75	Glen Watts	7.52m
W75	Justine Whitaker	6.89m
W70	Lois Anderson	6.70m
W65	Beverley Church	6.04m
W80	Pat Drayton	5.04m
W70	Alison Wright	4.85m
M65	Richard Davison	8.12m
M60	Thomas Reihana	7.40m
M80	Alan Hunter	5.54m

Discus		
W75	Glen Watts	19.79m
W75	Justine Whitaker	18.25m
W70	Loris Reed	17.02m
W65	Beverley Church	16.30m
W70	Alison Wright	12.90m
W80	Pat Drayton	9.72m
M65	Richard Davison	31.71m
M60	Thomas Reihana	21.54m
M80	Alan Hunter	14.60m
Hammer Throw		
W75	Glen Watts	26.45m
W75	Justine Whitaker	24.87m
W65	Beverley Church	20.45m
W70	Loris Reed	17.37m
W70	Alison Wright	16.39m
W80	Pat Drayton	15.81m
M65	Richard Davison	31.26m
M80	Alan Hunter	19.39m
Javelin		
W65	Beverley Church	14.54m
W75	Justine Whitaker	14.21m
W70	Lois Anderson	13.45m
W75	Glen Watts	12.85m
W70	Alison Wright	11.22m
W70	Loris Reed	11.13m
M45	Jonny Baird	32.90m
M45	Tim Kerr	32.43m
M65	Richard Davison	25.81m
M60	Thomas Reihana	23.14m
M80	Alan Hunter	11.3m
Weight Throw		
W75	Justine Whitaker	10.43m
W75	Glen Watts	10.33m
W70	Alison Wright	7.45m
W65	Beverley Church	7.31m
W80	Pat Drayton	6.91m
M65	Richard Davison	12.25m
M80	Alan Hunter	7.92m



Justine & Glen receiving their Oceania Champs medals.

Pentathlon

W70 Lois Anderson					
100m	SP	LJ	JT	800m	
18.77	6.41m	12.31m	3.02m	4:06.40	Total
621	654	398	589	502	2764

M40 Jonny Baird					
LJ	JT	200m	DT	1500m	
4.36m	31.45m	18.59m	26.94	6:51.61	Total
388	397	317	617	204	1923

Throws Pentathlon

W65 Beverley Church					
HT	SP	DT	JT	WT	
20.67m	5.92m	15.75m	12.38m	6.82m	Total
606	518	429	335	434	2322

W70 Alison Wright					
HT	SP	DT	JT	WT	
15.88m	6.71m	13.22m	8.98m	7.21m	Total
502	691	409	268	528	2398

W75 Glen Watts					
HT	SP	DT	JT	WT	
28.14m	7.61m	19.21m	12.74m	10.39m	Total
1004	790	681	458	769	3702

W75 Justine Whitaker					
HT	SP	DT	JT	WT	
23.08	6.82m	16.94m	9.90m	9.08m	Total
792	694	586	337	657	3066

W80 Patricia Drayton					
HT	SP	DT	JT	WT	
15.69	5.19m	9.73m	6.46m	6.47	Total
578	579	360	243	484	2244

M65 Richard Davison					
HT	SP	DT	J	WT	
30.36m	8.21m	32.27m	25.27m	11.79m	Total
586	556	615	434	629	2820

M80 Alan Hunter					
HT	SP	DT	J	WT	
18.22m	5.58m	13.14m	11.42m	8.02	Total
414	389	302	215	478	1798



The oldest competitor, Alistair MacKay (90, Southland) travelled to the SI Championships by bus, all the way from Invercargill.

Interclub - Rawhiti Domain 18/11/2017

60m (wind 0.9 & 0.2)

W30	Helena Dinnissen	8.54
W50	Louise Martin	8.79
W55	Lyn Osmer	10.40

100m (wind 1.2 & -1.0)

W30	Helena Dinnissen	13.72
W50	Louise Martin	14.06
M50	Ian Dieudonne	14.23

300m

W30	Helena Dinnissen	46.23
W50	Louise Martin	47.91

400m

M50	Ian Dieudonne	66.62
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800m

M50	Ian Purvis	2:33.53
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1500m

M55	Peter Richards	5:18.84
M55	Clive Kitchingman	5:28.64

5000m CMA Championships

W35	Jo Ramsay	21:42.94
W55	Robyn Daly	23:05.84
W65	Margaret Flanagan	24:20.42
M50	Malcolm Cornelius	17:58.20
M55	John Gamblin	19:24.73
M35	Michael Laird	19:58.82
M55	Peter Richards	20:08.42
M55	Clive Kitchingman	20:14.78
M65	Martin Cockrem	26:16.96
M70	Jos Galavazi	29:27.56

Pole Vault

M55	Stephen McKee	3.06m
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Shot put

W55	Lyn Osmer	9.44m
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Discus

W80	Pat Drayton	9.90m
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Hammer Throw

W80	Pat Drayton	16.75m
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Thank you to our major sponsor



Interclub - Rawhiti Domain 25/11/2017**60m** (wind -0.3)

W30	Helena Dinnissen	8.59
W50	Louise Martin	8.87
W55	Lyn Osmer	10.18

100m (wind -0.2)

W30	Helena Dinnissen	13.62
W50	Louise Martin	14.00

200m (wind -1.0)

W30	Helena Dinnissen	29.32
W50	Louise Martin	29.89

800m

M50	Ian Purvis	2:31.37
W35	Jo Ramsay	2:39.62

1500m

M55	Peter Richards	5:23.48
M30	Patrick Enright	5:47.92
W65	Margaret Flanagan	6:49.33

3000m

M30	Jason Wilcock	10:49.03
M55	John Gamblin	10:54.18
M55	Clive Kitchingman	11:28.86
M55	Peter Richards	11:32.92
W50	Maggie Chorley	11:09.31

300m hurdles

W35	Jo Ramsay	55.76
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Pole Vault

M55	Stephen McKee	2.87m
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Shot put

W80	Iris Bishop	4.74m
W55	Lyn Osmer	9.80m

Discus

W80	Iris Bishop	9.47m
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Javelin

W55	Lyn Osmer	25.91m
W80	Iris Bishop	6.52m

Thank you to our major sponsor

**South Island Championships
Aorangi Stadium, Timaru 9/12/2017**

This event was organised to offer an opportunity for U20 & senior athletes throughout the South Island to have a championship meeting. However, Otago held an interclub meeting on the same day, so basically this meeting was a waste of time. Only good point was that it allows the running who did attend an opportunity to compete on an all-weather track and possibly set some records.

100m (wind 0.9)

W30	Helena Dinnissen	13.17
W50	Louise Martin	13.36

200m (wind 0.8)

W30	Helena Dinnissen	27.61
W50	Louise Martin	28.31
M50	Ian Purvis	29.84

800m

M50	Ian Purvis	2:28.47
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100m Hurdles (wind 1.3)

W30	Helena Dinnissen	16.65
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300m Hurdles

W50	Louise Martin	49.04
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Interclub - Rawhiti Domain 16/12/2018**60m** (wind 0.4)

M45	Jonny Baird	8.20
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100m

M45	Jonny Baird	13.11
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200m

M50	Ian Purvis	30.55
W35	Jo Ramsay	31.95

400m

M50	Ian Purvis	66.52
W35	Jo Ramsay	72.79

800m

M50	Ian Dieudonne	2:29.39
W35	Jo Ramsay	2:39.20

1500m

M50	Malcolm Cornelius	4:58.59
W65	Margaret Flanagan	6:46.03

3000m

M50	Malcolm Cornelius	10:23.24
W50	Maggie Chorley	11:12.51

5000m

M30	Patrick Enright	22:30.44
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Shot Put		
W55	Lyn Osmers	10.00m
W75	Justine Whitaker	7.01m
Discus		
W75	Justine Whitaker	16.85m
M65	Richard Davison	32.49m
Hammer Throw		
W75	Justine Whitaker	24.17m
M65	Richard Davison	30.76m
Pole Vault		
M55	Steven McKee	3.02m

Lovelock Classic Aorangi Stadium, Timaru 06/01/2018		
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100m		
W30	Helena Dinnissen	13.27
M45	Jonny Baird	12.67
200m		
W30	Helena Dinnissen	27.82
M45	Jonny Baird	27.23
800m		
M50	Ian Dieudonne	2:26.49
M50	Ian Purvis	2:32.23
1 mile		
M50	Malcolm Cornelius	5:01.80
3000m		
W35	Jo Ramsay	11:46.93
W50	Maggie Chorley	10:50.76
M30	Patrick Enright	12:04.47
Long Jump		
W30	Helena Dinnissen	4.37m
M45	Jonny Baird	4.56m



New girl on the block, Helena Dinnissen competing in the 200m at the Oceania Championships, Dunedin.

Interclub - Rawhiti Domain 20/01/2018		
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60m (wind -1.5)		
W30	Helena Dinnissen	8.36
W50	Louise Martin	8.73
100m (wind -0.1)		
W30	Helena Dinnissen	13.23
W50	Louise Martin	14.12
200m (wind 1.9)		
M45	Jonny Baird	28.36
M50	Ian Purvis	32.27
400m		
W35	Jo Ramsay	72.26
M45	Brian Law	69.06
M50	Ian Dieudonne	64.00
800m		
M30	Simon Wooding	2:35.67
M40	David Fitch	2:16.08
M45	Brian Law	2:39.70
M50	Ian Purvis	2:31.13
1500m		
M30	Simon Wooding	4:59.73
M40	David Fitch	4:41.84
M45	Brian Law	5:07.52
W35	Jo Ramsay	5:33.33
10000m Open Championships		
M30	Patrick Enright	48:44.33
M30	John Mulvaney	75:11.59
3000m		
W45	Katherine Fitch	13:11.47
Long Jump		
W30	Helena Dinnissen	4.42m
Javelin		
M45	Jonny Baird	30.83m



Malcolm Cornelius and Tony Tan relax after competing in the 400m at the Oceania Championships, Dunedin.

**Oceania Masters Track & Field Championships
Caledonian Ground, Dunedin 20 - 27/01/2018**

For the first time since 2012, this event is back in New Zealand. With the MoU in place between NZMA & ANZ, there were 225 New Zealand masters in attendance and of these, many were ANZ athletes attending one of our events for the first time. Well done to those who attended. It was a well organised event and we had great weather all week.

60m (wind 0.9 to 1.3)			
W30	1st	Helena Dinnissen	8.21
W50	1st	Louise Martin	8.58
M45	1st	Nick Bolton	7.70
M45	3rd	Jonny Baird	7.99
100m (wind 1.3 to 2.2)			
W30	1st	Helena Dinnissen	13.16
W50	1st	Louise Martin	13.66
W70	3rd	Lois Anderson	18.28
M45	1st	Nick Bolton	11.90
M45	3rd	Jonny Baird	12.61
200m (wind -0.9 to 1.3)			
	2nd	Helena Dinnissen	27.64
W30	1st	Louise Martin	29.13
W50	2nd	Lois Anderson	38.74
M45	1st	Nick Bolton	25.09
M45	3rd	Jonny Baird	26.56
400m			
W30	1st	Helena Dinnissen	62.45
W50	1st	Louise Martin	65.65
W70		Shirley Rolston	1:54.62
M45	1st	Nick Bolton	57.26
M50	2nd	Malcolm Cornelius	60.97
800m			
W50	1st	Maggie Chorley	2:28.09
W65	3rd	Margaret Flanagan	3:15.58
M50	1st	Malcolm Cornelius	2:13.76
M70	3rd	Michael Bond	3:08.80
1500m			
W50	2nd	Maggie Chorley	5:01.29
W60	3rd	Bernadette Jago	6:06.91
W65	2nd	Margaret Flanagan	6:22.43
M50	1st	Malcolm Cornelius	4:33.32
M60		Rodger Ward	5:56.47
M70	1st	Michael Bond	6:11.24

5000m			
W60	2nd	Bernadette Jago	22:08.05
M70	2nd	Michael Bond	22:37.27
6000m Cross Country			
M70	2nd	Michael Bond	29:47.00
8000m Cross Country			
W50	1st	Maggie Chorley	34:24.00
80m Hurdles			
W50	1st	Louise Martin	14.02
100m Hurdles			
W30	1st	Helena Dinnissen	16.84
110m Hurdles			
M45	1st	Nick Bolton	16.23
300m Hurdles			
W50	1st	Louise Martin	50.42
400m Hurdles			
W30	1st	Helena Dinnissen	69.92
2000m Steeplechase			
M70	1st	Michael Bond	9:35.99
High Jump			
W55	1st	Lyn Osmer	1.27m
M80	3rd	Alan Hunter	0.70m
Pole Vault			
M55	3rd	Tarmo Rajasaari	2.25m
Long Jump			
W70	1st	Lois Anderson	3.17m
M45	2nd	Jonny Baird	4.72m
M80	3rd	Alan Hunter	1.51m
Triple Jump			
W55	1st	Lyn Osmer	8.30m
Shot Put			
W55	1st	Lyn Osmer	9.33m
W65	2nd	Beverly Church	6.43m
W70		Lois Anderson	6.18m
W70		Alison Wright	4.74m
W75	1st	Glen Watts	7.84m
W75	2nd	Justine Whitaker	7.59m
W80	3rd	Patricia Drayton	4.75m
W80		Iris Bishop	4.55m
M65		Richard Davison	8.10m
M80	2nd	Alan Hunter	6.23m





Loris Reed relaxes, unable to compete due to injury.

Discus

W65	1st	Beverley Church	16.55m
W70	3rd	Loris Reed	15.54m
W70		Alison Wright	13.24m
W75	1st	Glen Watts	20.16m
W75	2nd	Justine Whitaker	19.61m
W80	3rd	Patricia Drayton	9.69m
W80		Iris Bishop	8.02m
M65		Richard Davison	31.23m
M80	3rd	Alan Hunter	16.13m

Hammer Throw

W65	1st	Beverley Church	22.28m
W70	3rd	Alison Wright	16.46m
W75	2nd	Glen Watts	27.76m
W75	3rd	Justine Whitaker	24.06m
W80	2nd	Patricia Drayton	15.12m
W80	3rd	Iris Bishop	12.35m
M65	2nd	Richard Davison	33.42m
M80	1st	Alan Hunter	19.93m

Javelin

W55	1st	Lyn Osmer	29.78m
W65	3rd	Beverley Church	15.11m
W70		Loris Reed	12.42m
W70		Alison Wright	10.49m
W75	2nd	Glen Watts	12.98m
W75	3rd	Justine Whitaker	12.61m
W80	2nd	Iris Bishop	5.94m
M45	3rd	Jonny Baird	31.30
M65	3rd	Richard Davison	25.73m
M80	2nd	Alan Hunter	13.46m

Weight Throw

W65	1st	Beverley Church	7.82m
W65	3rd	Alison Wright	7.55m
W75	2nd	Glen Watts	10.86m
W75	3rd	Justine Whitaker	10.63m
W80	2nd	Patricia Drayton	6.79m
W80	3rd	Iris Bishop	5.12m
M65	2nd	Richard Davison	12.63m
M80	1st	Alan Hunter	8.07m

Pentathlon

W70	Lois Anderson				
100m	SP	LJ	JT	800m	
17.51	6.60m	2.79m	13.08m	4:09.39	Total
694	677	485	428	480	2764

M80	Alan Hunter				
LJ	JT	200m	DT	1500m	
1.32m	8.92m	65.32	14.55m	14:52.46	Total
26	144	0	346	0	516

Throws Pentathlon

W65	Beverley Church				
HT	SP	DT	JT	WT	
23.10m	6.30m	16.46m	14.29m	8.42m	Total
697	559	453	400	564	2673

W70	Alison Wright				
HT	SP	DT	JT	WT	
15.89m	5.01m	12.87m	11.81m	7.42m	Total
503	483	396	378	546	2306

W75	Glen Watts				
HT	SP	DT	JT	WT	
28.82m	8.13m	17.76m	12.09m	9.80m	Total
1033	854	620	430	718	3655

W75	Justine Whitaker				
HT	SP	DT	JT	WT	
25.99m	7.15m	16.63m	12.12m	10.62m	Total
914	734	573	432	790	3443

W80	Patricia Drayton				
HT	SP	DT	JT	WT	
15.17m	4.80m	10.67m	5.15m	6.35	Total
554	526	404	178	480	2142

W80	Iris Bishop				
HT	SP	DT	JT	WT	
13.05m	4.73m	9.19m	6.22m	4.97m	Total
455	517	335	231	351	1889

M50	Wayne Doyle				
HT	SP	DT	JT	WT	
30.99m	10.72m	36.87m	37.86m	10.46m	Total
459	640	617	537	506	2759

M65	Richard Davison				
HT	SP	DT	JT	WT	
28.69m	7.44m	30.72m	25.15m	11.62m	Total
546	493	579	432	618	2668

M80	Alan Hunter				
HT	SP	DT	JT	WT	
17.63m	5.57m	15.58m	12.15m	7.86m	Total
397	389	379	236	466	1867

Thank you to our major sponsor



Interclub - Rawhiti Domain 27/01/2018**200m** (wind 1.6)

M50	Ian Purvis	30.35
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400m

W35	Jo Ramsay	71.72
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M50	Ian Dieudonne	63.42
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M50	Ian Purvis	66.06
-----	------------	-------

800m

M40	David Fitch	2:14.00
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M50	Ian Dieudonne	2:57.39
-----	---------------	---------

M70	John Mulvaney	3:29.67
-----	---------------	---------

1500m

M40	David Fitch	4:33.00
-----	-------------	---------

W35	Jo Ramsay	5:27.18
-----	-----------	---------

3000m

M55	Clive Kitchingman	12:06.16
-----	-------------------	----------

W45	Katherine Fitch	13:03.66
-----	-----------------	----------

5000m

M30	Patrick Enright	22:00.25
-----	-----------------	----------

Long Jump (wind -1.4)

W30	Helena Dinnissen	4.57m
-----	------------------	-------

Discus

W60	Sissi Stein-Abel	26.23m
-----	------------------	--------

Pole Vault

M55	Steven McKee	3.04m
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**Canterbury Masters Track & Field Championships
Day 1 - Rawhiti Domain 10/02/2018**

As per last season, we spread our championships over two interclub weekends to ensure we could fit in our event. This is not easy when more secondary school athletes turn up, but we cope. Next season at the new venue, it should be less of a problem. It was good to see some masters turn up, who have been absent all season from regular competition.

60m

W30	Helena Dinnissen	8.50
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W70	Lois Anderson	11.84
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100m CMA Champs

W30	Helena Dinnissen	13.46
-----	------------------	-------

W70	Lois Anderson	18.47
-----	---------------	-------

M45	Jonny Baird	13.18
-----	-------------	-------

M60	Andrew Stark	14.80
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M80	Max Wood	19.28
-----	----------	-------

M80	Alan Hunter	29.12
-----	-------------	-------

200m

M50	Ian Purvis	29.66
-----	------------	-------

400m - CMA Champs

W30	Helena Dinnissen	66.82
-----	------------------	-------

W50	Maggie Chorley	69.64
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M50	Ian Dieudonne	62.74
-----	---------------	-------

M60	Andrew Stark	64.62
-----	--------------	-------

M50	Ian Purvis	65.52
-----	------------	-------

800m

M50	Ian Dieudonne	2:58.45
-----	---------------	---------

M60	Rodger Ward	3:18.67
-----	-------------	---------

1500m CMA Champs

W50	Maggie Chorley	5:17.69
-----	----------------	---------

W60	Bernadette Jago	6:22.79
-----	-----------------	---------

M35	Matthew Harkeress	4:26.46
-----	-------------------	---------

M50	Malcolm Cornelius	4:48.78
-----	-------------------	---------

M45	Brian Law	4:55.74
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M55	Peter Richards	5:20.77
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M55	Clive Kitchingman	5:35.83
-----	-------------------	---------

M60	Rodger Ward	6:03.53
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N70	John Mulvaney	7:33.05
-----	---------------	---------

M60	Thomas Reihana	8:10.24
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M70	Peter Coughlan	9:36.36
-----	----------------	---------

5000m

M30	Patrick Enright	20:26.49
-----	-----------------	----------

3000m RW - CMA Champs

W65	Shirley Rolston	22:10.24
-----	-----------------	----------

Long Jump - CMA Champs

W30	Helena Dinnissen	5.06m
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M45	Jonny Baird	4.74m
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M55	Stephen McKee	4.00m
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M80	Alan Hunter	1.43m
-----	-------------	-------

High Jump - CMA Champs

W30	Helena Dinnissen	1.52m
-----	------------------	-------

M55	Stephen McKee	1.40m
-----	---------------	-------

M80	Alan Hunter	0.60m
-----	-------------	-------

Shot Put

W60	Sissi Stein-Abel	8.84m
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W65	Beverley Church	6.41m
-----	-----------------	-------

W65	Shirley Rolston	5.55m
-----	-----------------	-------

W70	Alison Wright	5.03m
-----	---------------	-------

Shot Put - CMA Champs

M55	Stephen McKee	9.22m
-----	---------------	-------

M80	Alan Hunter	5.29m
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Discus - CMA Champs		
W60	Sissi Stein-Abel	27.07m
W65	Beverley Church	18.16m
W70	Loris Reed	16.69m
W65	Shirley Rolston	16.31m
W70	Alison Wright	12.97m
W75	Glen Watts	18.39m
W75	Justine Whitaker	16.54m
W80	Patricia Drayton	10.34m

Hammer - CMA Champs		
W65	Beverley Church	22.66m
W70	Loris Reed	17.98m
W70	Lois Anderson	17.66m
W65	Shirley Rolston	17.59m
W70	Alison Wright	16.90m
W75	Glen Watts	27.39m
W75	Justine Whitaker	25.41m
W80	Patricia Drayton	15.78m

Weight - CMA Champs		
M75	Brian Senior	13.42m

Javelin- CMA Champs		
W65	Beverley Church	15.35m
W70	Lois Anderson	13.27m
W65	Shirley Rolston	11.64m
W70	Alison Wright	10.30m
W75	Justine Whitaker	13.41m
W80	Patricia Drayton	5.25m
M60	Thomas Reihana	21.08

Pole Vault - CMA Champs		
M55	Steven McKee	3.13m

**Canterbury Masters Track & Field Championships
Day 2 - Rawhiti Domain 17/02/2018**

The second day of our championships saw a few more masters come out of the woodwork to compete. Following a successful day, we held a BBQ and invited the Athletics Canterbury official, in appreciation for officiating our events. Well do to all who competed.

60m CMA Champs (wind 0.6)		
W30	Helena Dinnissen	8.50
W50	Louise Martin	8.82
W70	Lois Anderson	11.54
M45	Jonny Baird	8.24
M60	Ian Dieudonne	8.81
M80	Max Wood	11.58
M80	Alan Hunter	16.64

100m (wind 2.4)		
W30	Helena Dinnissen	13.27
W50	Louise Martin	13.87

200m CMA Champs (wind NWI)		
W50	Louise Martin	NT
W70	Lois Anderson	40.53
M45	Jonny Baird	27.2h
M45	Brian Law	31.8h
M45	John Marshall	NT
M50	Ian Purvis	NT
M60	Ian Dieudonne	NT
M70	John Mulvaney	39.45
M80	Max Wood	42.84

800m - CMA Champs		
W50	Maggie Chorley	2:32.88
W35	Jo Ramsay	2:37.02
M45	Paul Spinks	2:07.89
M45	John Marshall	2:21.54
M45	Brian Law	2:24.19
M50	Malcolm Cornelius	2:20.66
M50	Ian Dieudonne	2:22.00
M50	Ian Purvis	2:27.92
M55	Clive Kitchingman	2:47.57
M60	Rodger Ward	2:56.66
M70	Michael Bond	3:12.45
N70	John Mulvaney	3:24.16

1500m Men		
M55	Clive Kitchingman	5:32.97

Long Jump - CMA		
W60	Birgit Steltner	2.89m
M45	Jonny Baird	4.74m
M55	Stephen McKee	4.00m
M80	Alan Hunter	1.43m

High Jump - CMA Champs		
W55	Lyn Osmer	1.31m

Triple Jump - CMA Champs		
W30	Helena Dinnissen	10.74m
W60	Birgit Steltner	6.46m
W55	Lyn Osmer	8.31m
W70	Lois Anderson	6.07m
M55	Stephen McKee	9.80m

Thank you to our major sponsor



Shot Put - CMA Champs

W55	Lyn Osmers	9.25m
W60	Sissi Stein-Abel	8.66m
W65	Beverley Church	6.44m
W70	Loris Reed	5.93m
W70	Lois Anderson	6.39m
W60	Birgit Steltner	5.99m
W70	Alison Wright	5.36m
W75	Justine Whitaker	7.42m
W75	Glen Watts	8.07m
W70	Alison Wright	5.03m
W80	Patricia Drayton	5.17m

Weight - CMA Champs

W70	Loris Reed	7.60m
W70	Lois Anderson	8.50m
W70	Alison Wright	7.61m
W75	Glen Watts	10.44m
W75	Justine Whitaker	10.74m
W80	Patricia Drayton	7.33m
M80	Alan Hunter	8.30m

Discus - CMA Champs

M55	Stephen McKee	27.56m
M60	Thomas Reihana	21.25m
M75	Brian Senior	27.90m
M80	Alan Hunter	14.81m

Hammer - CMA Champs

M75	Brian Senior	34.08m
M80	Alan Hunter	19.06m

Javelin

W55	Lyn Osmers	26.20m
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Men - CMA Champs

M45	Jonny Baird	28.74m
M60	Thomas Reihana	20.30m
M80	Alan Hunter	13.03m



Maggie Chorley competing in the W50 1500m at the NZMA Championships in Whangarei.



Thank you to our major sponsor



Michael Bond, willing himself to the finish in the M70 1500m at the NZMA Championships in Whangarei.

Athletics Canterbury Championships Aorangi Stadium, Timaru 24 & 25/02/2018

Last season we had hoped this event would be held at our new venue - Nga Puna Wai. However, a wetter than normal winter put paid to that as it has caused significant delays to the build. All going well, we will be there next season. I hope so, because overall the number of athletes heading south continues to drop each year .. that's not just amongst the master's ranks.

100m (wind 0.8)

W30	Helena Dinnissen	13.02
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200m (wind 0.2)

M50	Ian Purvis	29.51
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400m

M50	Ian Dieudonne	60.26
M50	Ian Purvis	64.65

800m

M45	Paul Spinks	2:02.40
M50	Ian Dieudonne	2:17.40
M55	Clive Kitchingman	2:49.34
M70	John Mulvaney	3:22.03

1500m

M50	Ian Dieudonne	5:04.62
M55	Clive Kitchingman	5:33.28
M70	John Mulvaney	7:09.81

100m Hurdles (wind -1.5)

W30	Helena Dinnissen	17.05
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High Jump

W30	Helena Dinnissen	1.50m
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Long Jump (wind 0.8)

W30	Helena Dinnissen	5.03m
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Triple Jump (wind 0.5)

W30	Helena Dinnissen	10.84m
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Pole Vault

M50	Wayne Doyle	2.90m
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NZMA Track & Field Championships
Trigg Arena, Whangarei - 2 to 4/03/2018

This is first time the NZMA Championships have been held in Whangarei. With the usual support from officials from other Centres, the event was well organised. There were a few issues with Sportscore resulting in the printing of results being delayed, but it was sorted post event. The increase in the number of throwers did cause timing issues for some field event, but for most that was not as issue. Unfortunately, the wet on Sunday morning was frustrating, but at least it was not cold. Well done to those who competed.

60m			
W50	1st	Louise Martin	8.50
W70	3rd	Lois Anderson	11.09
M55		Tarmo Rajasaari	9.80
100m			
W50	1st	Louise Martin	13.92
W70	3rd	Lois Anderson	18.07
200m			
W50	1st	Louise Martin	28.88
W70	3rd	Lois Anderson	39.80
M60	2nd	Andrew Stark	29.12
400m			
W50	1st	Louise Martin	1:05.99
M50	2nd	Ian Dieudonne	1:00.25
M50	3rd	Malcolm Cornelius	1:00.84
M50		Ian Purvis	1:04.48
M60	2nd	Andrew Stark	1:04.71
M70	3rd	Michael Bond	1:20.64
800m			
W50	1st	Maggie Chorley	2:32.53
M50	2nd	Malcolm Cornelius	2:15.63
M50		Ian Purvis	2:26.25
M60	1st	Andrew Stark	2:30.73
M60		Rodger Ward	3:04.60
M60		Tom Reihana	3:33.90
M70		Michael Bond	3:06.79
1500m			
W50	2nd	Maggie Chorley	5:05.87
M50	2nd	Malcolm Cornelius	4:41.26
M60		Rodger Ward	5:54.47
M60		Tom Reihana	7:26.56
3000m			
M45	3rd	Chris Mardon	9:50.53
5000m			
M45	2nd	Chris Mardon	17:19.76
M60		Tom Reihana	26:57.93

80m Hurdles			
W50	1st	Louise Martin	13.55
2000m SC			
M70	1st	Michael Bond	9:20.59
Long Jump			
W70	1st	Lois Anderson	3.15m
Triple Jump			
W70	2nd	Lois Anderson	6.17m
Pole Vault			
M55	2nd	Tarmo Rajasaari	2.50m
Shot Put			
W30	1st	Anna Lynch	8.04m
W75	1st	Glen Watts	7.26m
W75	2nd	Justine Whitaker	7.15m
W70		Lois Anderson	6.39m
W65	3rd	Bev Church	6.32m
W80	2nd	Iris Bishop	4.22m
M75	1st	Brian Senior	8.97m
Discus			
W30	1st	Anna Lynch	27.76m
W75	1st	Justine Whitaker	18.83m
W75	2nd	Glen Watts	18.82m
W70		Loris Reed	16.67m
W65	1st	Bev Church	16.03m
W80	2nd	Iris Bishop	8.18m
M75	1st	Brian Senior	28.20m
Hammer			
W30	1st	Anna Lynch	33.54m
W75	2nd	Justine Whitaker	22.64m
W75	1st	Glen Watts	25.35m
W70		Loris Reed	17.04m
W65	1st	Bev Church	19.26m
W80	1st	Iris Bishop	13.74m
M75	1st	Brian Senior	32.50m

Anna Lynch (McNab) on the comeback trail, competing the NZMA Championships in Whangarei.



Javelin			
W30	1st	Anna Lynch	19.82m
W65	1st	Bev Church	15.85m
W70	3rd	Lois Anderson	12.70m
W75		Loris Reed	10.57m
W75	1st	Justine Whitaker	13.57m
W75	2nd	Glen Watts	12.85m
W80	2nd	iris Bishop	6.51m
M60	1st	Thomas Reihana	16.67m

Weight			
W30	1st	Anna Lynch	10.61
W75	1st	Justine Whitaker	10.89m
W75	2nd	Glen Watts	10.60m
W80	1st	Iris Bishop	5.01m
W65	2nd	Bev Church	8.38m
M75	1st	Brian Senior	12.96m

Throws Pentathlon

W30 Anna Lynch					1st
HT	SP	DT	JT	WT	
34.76	7.66	25.00	19.07	7.81	Total
596	377	369	272	360	1974

W65 Beverley Church					3rd
HT	SP	DT	JT	WT	
17.88	6.24	16.46	14.13	7.32	Total
503	552	453	395	474	2377

W75 Glen Watts					3rd
HT	SP	DT	JT	WT	
25.35	6.77	18.24	12.12	9.50	Total
887	688	640	432	692	3339

W75 Justine Whitaker					1st
HT	SP	DT	JT	WT	
20.09	7.05	17.31	13.31	9.95	Total
667	721	602	483	732	3205

W80 Iris Bishop					2nd
HT	SP	DT	J	WT	
11.45	4.78	8.43	6.24	5.64	Total
381	524	301	232	413	1851

M75 Brian Senior					1st
HT	SP	DT	J	WT	
34.50	9.09	26.75	22.13	11.22	Total
791	650	631	470	665	3207

Thank you to our major sponsor



CMA Throws Pentathlon Championships @ Rawhiti Domain - Sunday 18/03/2018

A small back keen group joined forces to run the throws pentathlon event, with Gwyn Heseltine making a guest appearance. Thank you to Anne Davison for organising the event and help from Alan Anderson.

W70 Lois Anderson					
HT	SP	DT	JT	WT	
16.10m	6.43m	15.09m	12.99m	8.34m	Total
511	656	481	425	629	2702

W75 Justine Whitaker					
HT	SP	DT	JT	WT	
27.19m	7.21m	19.33m	13.38m	11.47m	Total
964	741	686	486	864	3741

W75 Glen Watts					
HT	SP	DT	JT	WT	
24.82	7.47m	18.66m	12.12m	9.63m	Total
865	773	658	432	704	3432

W80 Patricia Drayton					
HT	SP	DT	JT	WT	
14.40m	5.02m	7.96m	6.34m	6.18m	Total
518	556	279	237	464	2054

W75 Gwyn Heseltine					
HT	SP	DT	J	WT	
NR	4.15m	6.83m	5.07m	5.53m	Total
0	374	184	134	354	1046

M65 Richard Davison					
HT	SP	DT	J	WT	
29.50m	7.93m	33.16m	25.29m	11.47m	Total
565	533	636	435	609	2778

M75 Brian Senior					
HT	SP	DT	J	WT	
35.99m	9.03m	30.44m	28.17m	12.93m	Total
832	645	738	638	785	3638



Jonny & Nick celebrating their success at the Oceania Championships, Dunedin.

CMA 2017 - 2018 Record Breakers

Please check these records and if you think you have been missed, contact Andrew Stark

Name / Venue list	Date	Event	Performance	%	Old Record	Record Category
Helena Dinnissen	W30	DOB: 13/10/1984 (33)				
Timaru	10/11/2017	400m	66.47	73.00%		SIMC
Rawhiti Domain	18/11/2017	300m	46.23	71.38%	-	CMA
Timaru	9/12/2017	100mH	16.65	74.23%	21.06m	CMA
Rawhiti Domain	22/01/2018	60m	8.21	84.29%	9.89	OMA & CMA
Dunedin	25/01/2018	400mH	69.92	74.86%		OMA
Rawhiti Domain	10/02/2018	Long Jump	5.06m	68.84%	4.72m	CMA
Rawhiti Domain	17/02/2018	Triple Jump	10.74m	72.62%	8.82m	CMA
Timaru	24/02/2018	Triple Jump	10.84m	73.29%	10.74m	NZMA & CMA
Rawhiti Domain	10/02/2018	High Jump	1.52m	74.51%	1.36m	CMA
Jo Ramsay	W35					
Rawhiti Domain	25/11/2017	300mH	55.76		-	CMA
Louise Martin	W50	DOB: 04/01/1966 (51 & 52)				
Timaru	11/11/2017	60m	8.75	92.34%	9.06	SIMC
Timaru	11/11/2017	100m	14.00	88.50%	14.39	SIMC
Timaru	11/11/2017	80mH	14.09	84.32		SIMC & CMA
Timaru	9/12/2017	200m	28.31	90.89%	29.28	CMA
Rawhiti Domain	18/11/2017	300m	47.91	83.99%	None	CMA
Timaru	9/12/2017	300mH	49.04	93.82%	52.69	CMA
Dunedin	22/01/2018	60m	8.58	95.22	8.80	CMA
Dunedin	25/01/2018	400m	65.65	90.27%	66.53	CMA
Whangarei	3/03/2018	80mH	13.55	87.68%	14.09	NZMA & CMA
Maggie Chorley	W50	DOB: 02/06/1967 (50)				
Timaru	11/11/2017	1500m	5:11.0h	88.97%	5:13.6	SIMC
Timaru	12/11/2017	800m	2:33.60	82.70%	2:35.8h	SIMC
Timaru	12/11/2017	5000m	19:06.38	87.79%	19:40.40	SIMC & CMA
Timaru	6/01/2018	3000m	10:50.76	90.36%	11:07.04	CMA
Dunedin	25/01/2018	1500m	5:01.29	91.84%	5:08.56	CMA
Dunedin	25/01/2018	800m	2:28.09	85.77%	2:35.98	OMA & CMA
Bernadette Jago	W60	DOB: 28/05/1956 (61)				
Timaru	12/11/2017	5000m	21:14.19	91.59%	21:56.10	SIMC
Loris Reed	W70	DOB: 26/04/1947 (70)				
Timaru	10/11/2017	400m	1:25.52	84.19%	1:41.96	SIMC & CMA
Timaru	10/11/2017	3000m	13:41.60	96.03%	16:27.42	SIMC & CMA
Timaru	11/11/2017	2000mS	9:43.19	99.45%	None	SIMC & CMA
Timaru	11/11/2017	1500m	6:28.3h	95.52%	6:59.45	SIMC & CMA
Timaru	12/11/2017	800m	3:09.70	93.96%	3:24.69	SIMC & CMA
Lois Anderson	W70	DOB: 23/07/1946 (71)				
Dunedin	23/01/2018	200m	38.74	81.10%	None	CMA
Timaru	25/01/2018	Track Pentathlon	2764 pts	-	1548 pts	CMA
Rawhiti Domain	17/02/2018	60m	11.54	84.84%	12.33	CMA
Patricia Drayton	W80	DOB: 09/08/1935 (82)				
Timaru	12/11/2018	Throws Pentathlon	2244 pts		2159 pts	SIMC & CMA
Timaru	12/11/2017	Shot Put	5.04m		4.75m	SIMC
Rawhiti Domain	18/11/2017	Hammer	16.75m		13.86m	CMA
Rawhiti Domain	10/02/2018	Discus	10.34m		9.87m	CMA
Rawhiti Domain	17/02/2018	Shot Put	5.17m		4.90m	CMA
Rawhiti Domain	17/02/2018	Weight	7.33m		5.39m	CMA

Sissi Stein-Abel	W60	DOB: 08/03/1957 (60)				
Rawhiti Domain	10/02/2018	Discus	27.07m	56.10%	<i>23.09m</i>	CMA
Rawhiti Domain	10/02/2018	Shot Put	8.84m	65.58%	<i>4.90m</i>	CMA
Beverley Church	W65	DOB: 02/09/1948 (69)				
Dunedin	23/01/2018	Throws Pentathlon	2673 pts	-	<i>2508 pts</i>	CMA
Whangarei	3/03/2018	Javelin	15.85m	37.91%	<i>14.88</i>	CMA
Damien Cook	M35	DOB: 18/09/1979 (38)				
Timaru	12/11/2017	5000m	17:02.59	77.16%	<i>17:25.09</i>	SIMC
Paul Spinks	M45	DOB: (45?)				
Timaru	24/02/2018	800m	2:02.40	90.96%	<i>2:02.66</i>	CMA
Nick Bolton	M45	DOB: 21/08/1972 (45)				
Timaru	11/11/2017	60m	7.99	87.23%	<i>8.07</i>	SIMC
Dunedin	22/01/2018	60m	7.70	90.52%	<i>8.03</i>	CMA
Jonny Baird	M45	DOB: 03/02/1972 (45)				
Timaru	12/10/2017	Pentathlon	1923 pts	-	<i>1693 pts</i>	SIMC & CMA
Steve McKee	M55	DOB: 29/12/1959 (58)				
Christchurch	10/02/2018	Pole Vault	3.13m	72.96%	<i>2.80m</i>	CMA

Progress photos of Nga Puna Sports Hub

... still a lot to finish in time for next season!!



Important dates coming up

CMA AGM

Wednesday 22nd August 2018 @ 7:30 p.m. Port Hills Club Room see you there.

Winter Throws Pentathlon

First Sunday of the month. If you are interested in competing in this event please contact **Beverley Church** (388 5736)

Oceania Postal Throws Pentathlon

Sunday 30th September 2018 @ 10:00 a.m. Contact **Beverley Church** (388 5736) closer to the time. Venue: Rawhiti Domain

World Masters Track & Field Championships

September 4th - 16th 2018 Venue: Malaga, Spain

South Island Track & Field Championships

November 10th - 12th 2018 (TBC) Venue: Invercargill

North Island Track & Field Championships

November 22nd - 24th 2018 (TBC) Venue: Wellington

NZMA Track & Field Championships

March 1st - 3rd 2019 (TBC) Venue: Timaru