

CMA Women's Throws Pentathlon Records / Individual Event Performances & Points:

Age Factors changes: post May 2010 & revised 2014

Women	HT	SP	DT	JT	WT	Total	Date	Venue
W30 Anna McNab	38.23	9.93	35.63	22.85	12.53		20/11/2016	Timaru
	Points:	672	525	570	342	648	2757	
W35								
	Points:							
W40 Dena Miller	19.26	6.66	20.36	18.00	5.64		19/03/2017	Rawhiti Domain
	Points:	336	360	327	301	293	1617	
W45								
	Points:							
W50								
	Points:							
W55								
	Points:							
W60 Sissi Stein-Abel	17.47	9.64	25.09	23.63	9.81		19/03/2017	Rawhiti Domain
	Points:	425	825	655	630	607	3142	
W65 Beverley Church	23.10	6.30	16.46	14.29	8.42		23/01/2018	Dunedin
	Points:	697	559	453	400	564	2673	
W70 Glen Watts	23.44	6.87	17.50	13.55	8.44		03/03/2014	Invercargill
	Points:	819	711	576	413	638	3157	
W75 Glen Watts	29.55	7.91	18.09	12.39	10.51		12/12/2015	Rawhiti Domain
	Points:	1064	827	634	443	780	3748	
W80 Glen Watts	25.61	6.72	18.55	11.81	8.59		13/03/2021	Rawhiti Domain
	Points:	1053	789	787	515	692	3836	
W85								
	Points:							
W90								
	Points:							

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Men	HT	SP	DT	JT	WT	Total	Date	Venue
W30								
	Points:							
W35								
	Points:							
W40								
	Points:							
W45								
	Points:							
W50 Lyn Osmer	15.32	10.15	4.12	30.09	3:45.95		03/03/2014	Invercargill
	Points:	676	713	603	659	225	2876	
W55								
	Points:							
W60								
	Points:							
W65 Lois Anderson	16.55	7.49	3.12	13.88	3:53.02		30/11/2013	Timaru
	Points:	789	690	519	363	452	2813	

